

## **HOMOEOPATHIC FIRST AID PREVENTION OF CHILDHOOD INFECTIONS**

Below is a programme of Homoeopathic remedies to take when exposed to potential infection of measles, mumps, whooping cough, chicken pox, rubella and influenza.

I recommend you attend your General Practitioner for routine inoculations as recommended by the Health Department.

This programme contains instructions to help prevent the infection of a child who is in contact with infectious diseases. If your child catches a disease then it can be treated by Homoeopathic means (see Pamphlet Number 6).

For each dose, four drops should be given, or two tablets sucked, about one hour before or after eating or drinking. The potency used is 30c.

- Measles:        -Pulsatilla 30c for 3 doses in 24 hours.  
                    Follow with another dose 1 week and 2 weeks later.  
                    -OR Morbillinum 30c for 3 doses in 24 hours.
- Mumps:        -Parotidinum 30c for 3 doses in 24 hours.  
                    Follow with another dose 1 week and 2 weeks later.
- Whooping  
Cough:        -Pertussin 30c for 3 doses in 24 hours.  
                    Follow with another dose 1 week and 2 weeks later.  
                    -OR Pertussin 30c, one dose weekly during an outbreak of whooping cough.
- Chicken pox: -Rhus Tox 30c for 3 doses in 24 hours.  
                    Follow with another dose 1 week and 2 weeks later.
- Rubella:        -Pulsatilla 30c for 3 doses in 24 hours.  
                    Follow with another dose 1 week and 2 weeks later.
- Colds & Flu: -For prevention take one dose of A.G.E. 30c fortnightly during the winter.

The Prevention of Childhood Infections Kit contains:

Pulsatilla 30c	Rhus Tox 30c
Morbillinum 30c	Varicella 30c
Parotidinum 30c	Rubellinum 30c
Pertussin 30c	A.G.E. 30c

Dr Wendy Isbell  
Bealey Homoeopathic Services  
177 Bealey Avenue  
Christchurch  
Phone 03-366 0508, 03-366 1000  
Fax 03-366 1000